Busy Hands: Fine Motor Practice Cards

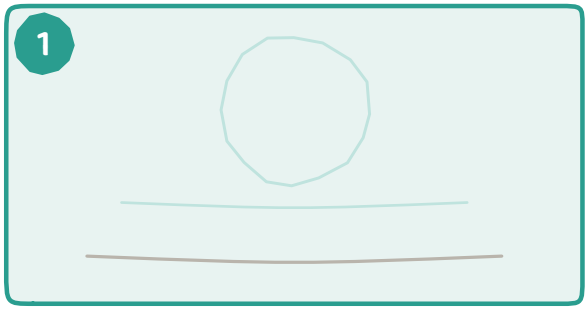
Build-Your-Own Busy Hands

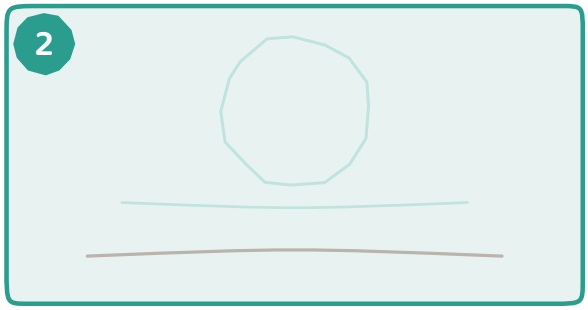
Same 6-card layout — write in your own go-to activities and the skill each builds.

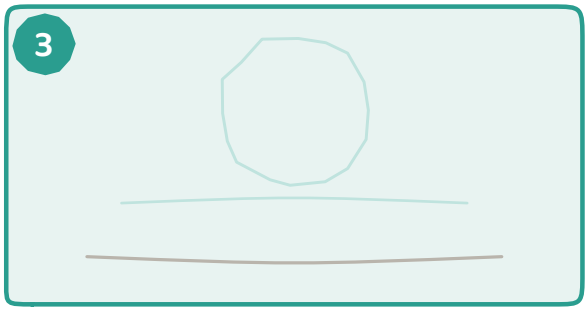
This belongs to: _____

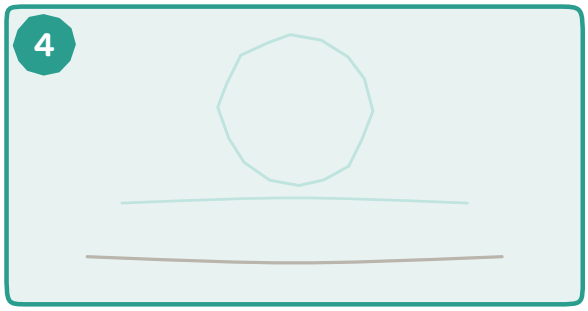
Fill in six go-to activities, and write in the skill each one builds —
grip strength, pincer grip, finger isolation, or bilateral coordination.

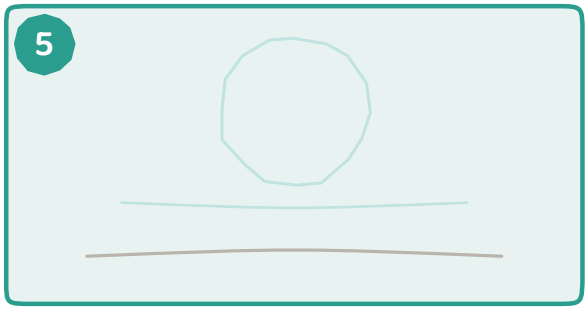
A menu to rotate through, not a sequence — any card, any order, any day.

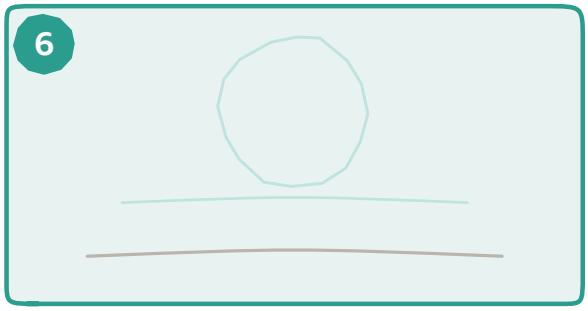












Small hands, big practice.

None of this needs to be "activity time" — it works just as well dropped into ordinary play.

The skill-building comes from repetition, not from a perfect setup.