Our Daily Routine

Picture Daily Routine Cards

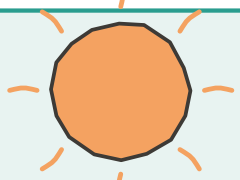
8 common daily-routine steps, ready to print and use today.

This routine belongs to: _____

Walk through the 8 cards in order. Print, tape it up at your child's eye level, and point as you go.

The exact clock time can shift day to day — it's the order that helps your child know what's next.

1



Wake Up

2



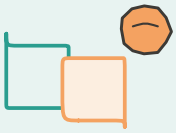
Breakfast

3



Get Dressed

4



Play Time

5



Lunch

6



Quiet Time

7



Dinner

8



Bedtime



Have a great day!



Same order every day — the clock time can flex, that's what makes a routine work.

A rough day is okay. Rebuild the order tomorrow — you don't have to restart from scratch.